

Transgender people face a variety of social and economical challenges. Issues such as: discrimination, disparagement, ridicule, assault, murder, and lack of access to affordable healthcare from qualified providers, are just the tip of the iceberg.

This adversity isn't limited to the transgender population. It also affects friends and families of transgender people, who may feel powerless to help.

Our loved ones want to be understanding and supportive, and sometimes need a little **guidance** and **support** themselves.

You're not alone

There is strength in numbers. We can **work together** to overcome these daunting challenges and build stronger **communities**.

Rochester

Parents, Families and Friends of Lesbians and Gays

Presentation & discussion

- Break down and exploration of the components of human sexuality and gender variations.
- Debunking negative myths and misconceptions.
- I'll share my personal story, history, struggles with gender dysphoria & suicide, and perseverance strategies.
- Ask Me Anything
- Group discussion about changing the culture and fostering an understanding of transgender people as human beings, deserving of dignity, respect and equal rights and status in society.

Please join us Sunday, November 15 1:00 PM to 3:00 PM

> Open Arms MCC 707 East Main Street Rochester, NY 14605

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